**Classroom Management Strategy: Mindfulness**

**Article:** [Research on Mindfulness in Schools](https://www.mindfulschools.org/about-mindfulness/research-on-mindfulness/) from Mindful Schools

**Videos**: [Let’s Create Mindful Schools](https://www.youtube.com/watch?v=6s1_m28B7ek) and [Mindfulness in Schools](https://www.youtube.com/watch?v=cOGM_-zKPTE)

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