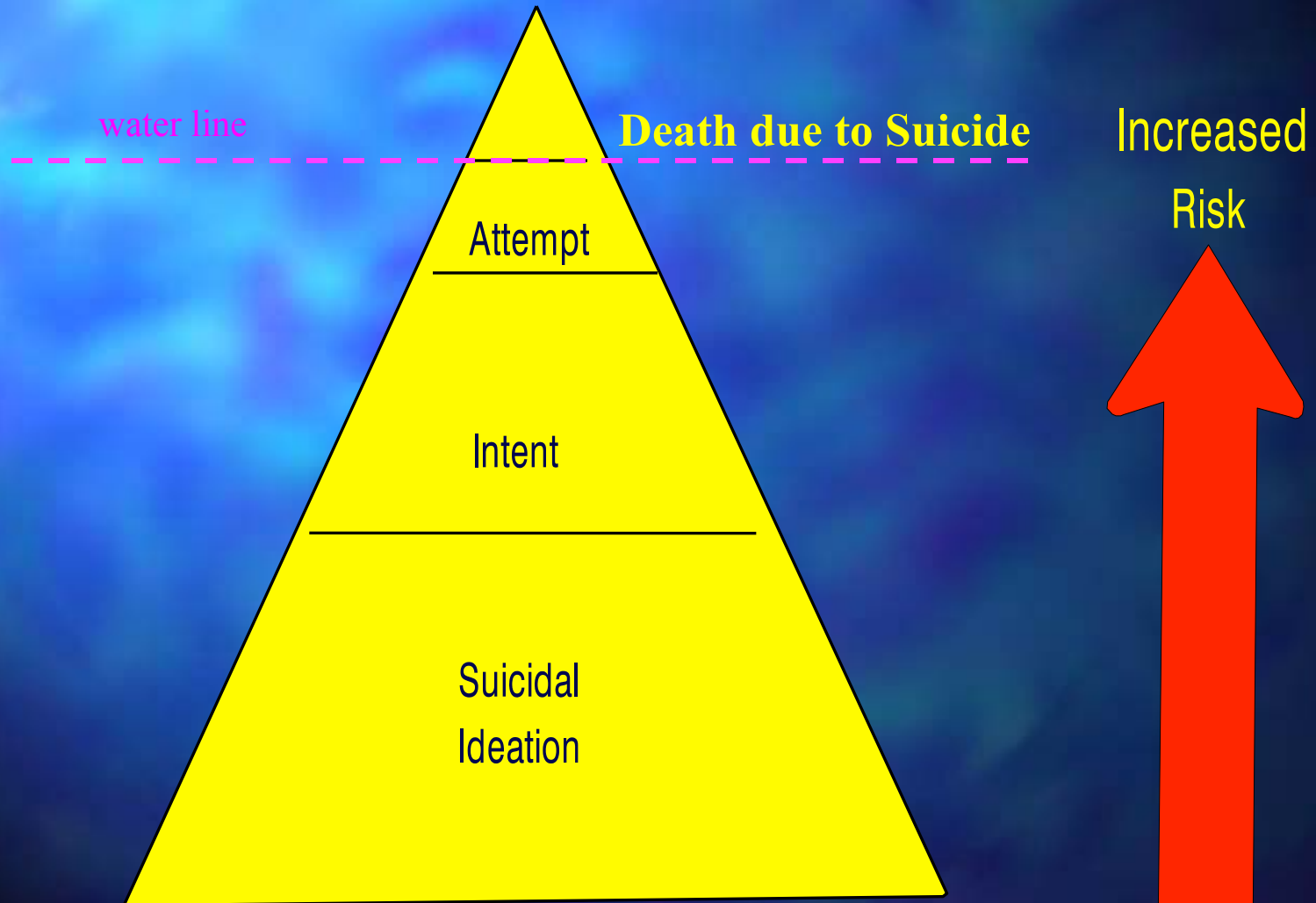
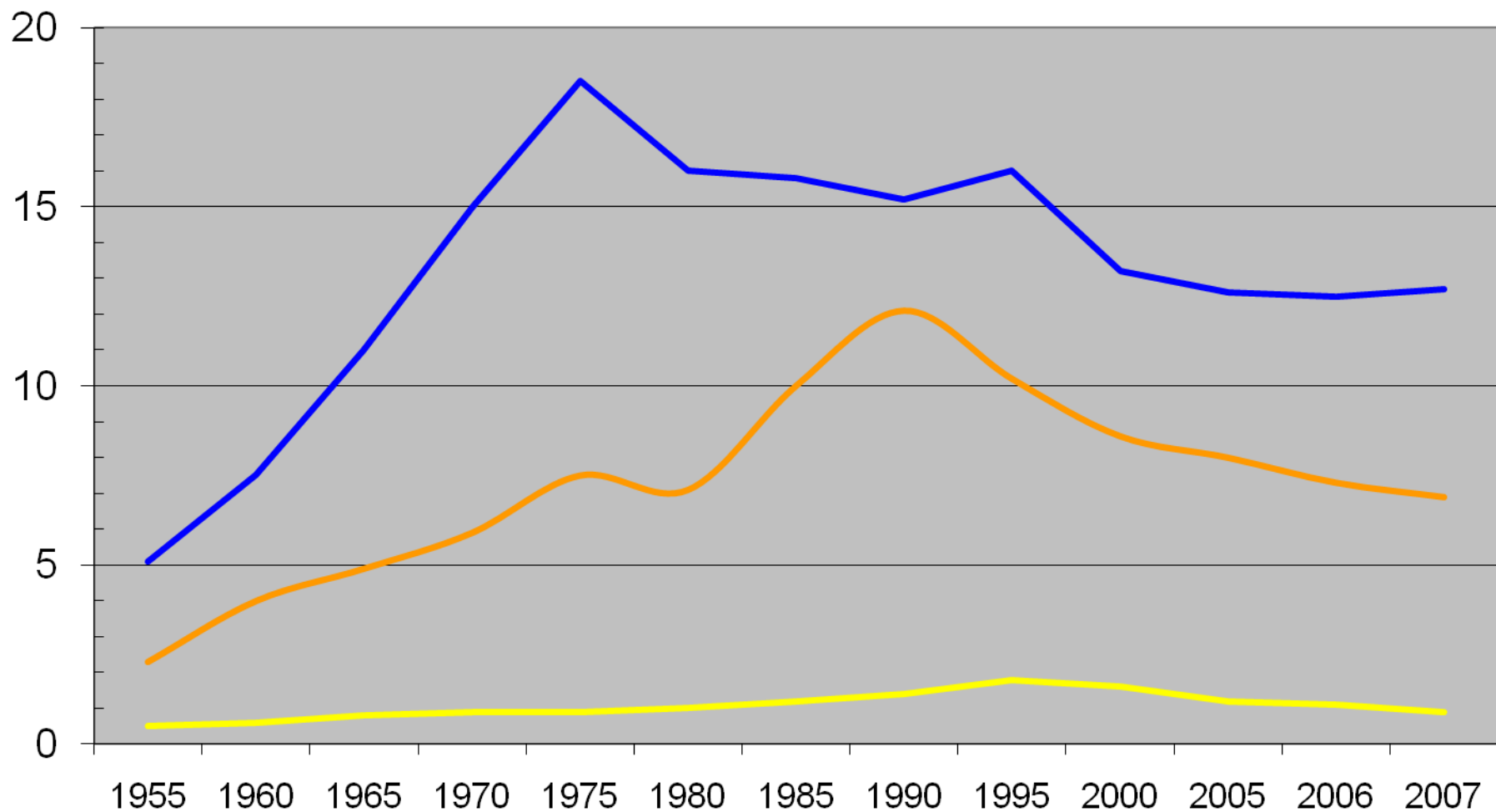


Suicidal Behavior Continuum



U.S. Youth Suicide Rates



10-14

15-19

20-24

Annual Rate per 100,000

National Center for Health Statistics (2010)

Invisible Signs of Youth Suicidal Behavior

Myths about Suicide

- Asking about Suicide may cause Suicidal Behavior
- Most suicidal behavior is impulsive without forethought
- Those who attempt Suicide get medical treatment
- Suicide attempters leave Suicide Notes
- Parents know if their Child is Suicidal

(Reynolds, 1988)

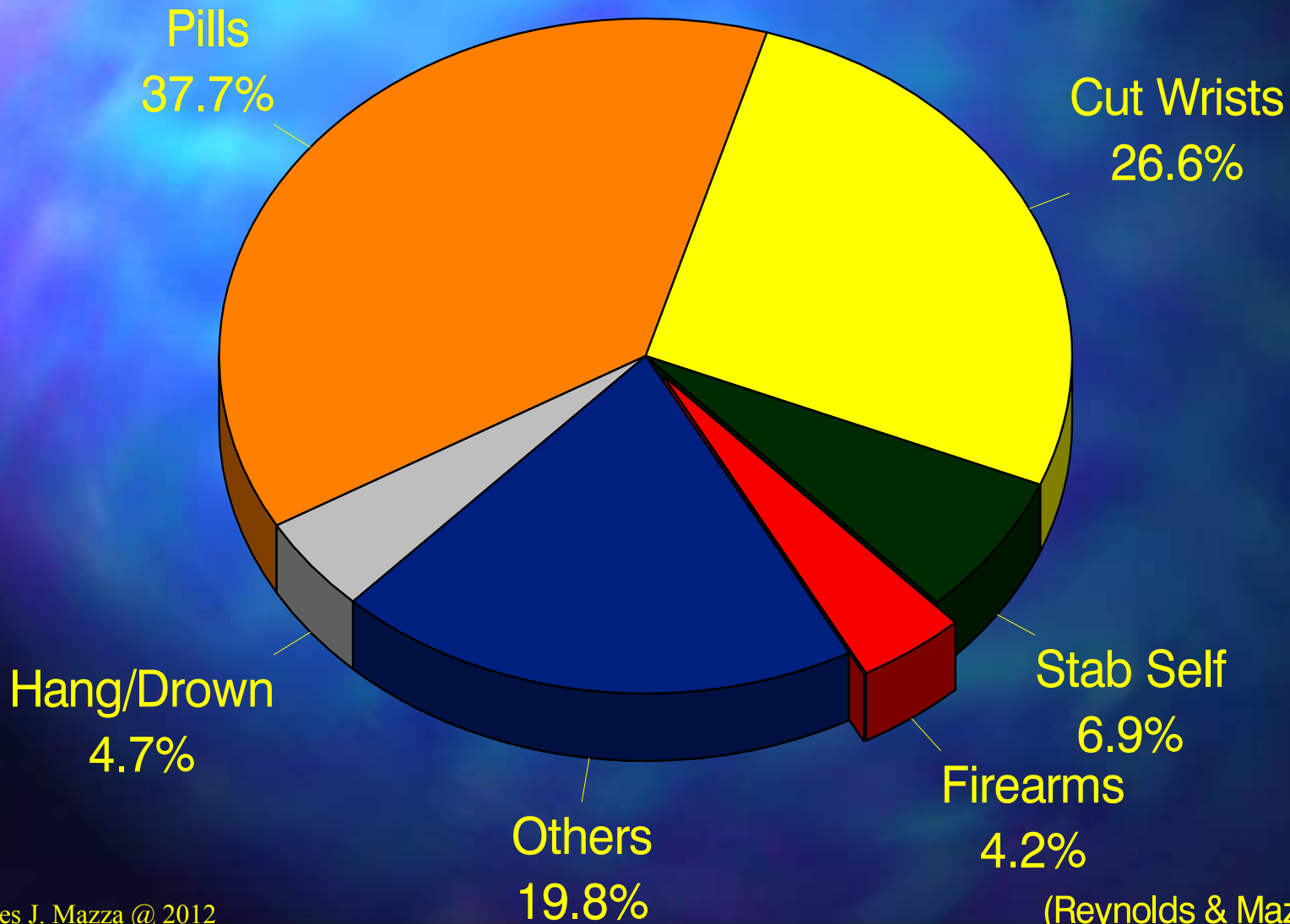
Invisible Signs of Youth Suicidal Behavior

Risk Factors for Suicide

- Negative Personal History
- Psychopathology & Negative personality traits
- Social and interpersonal isolation & alienation
- Breakdown of defenses
- Self negative ideation
- Availability & Accessibility

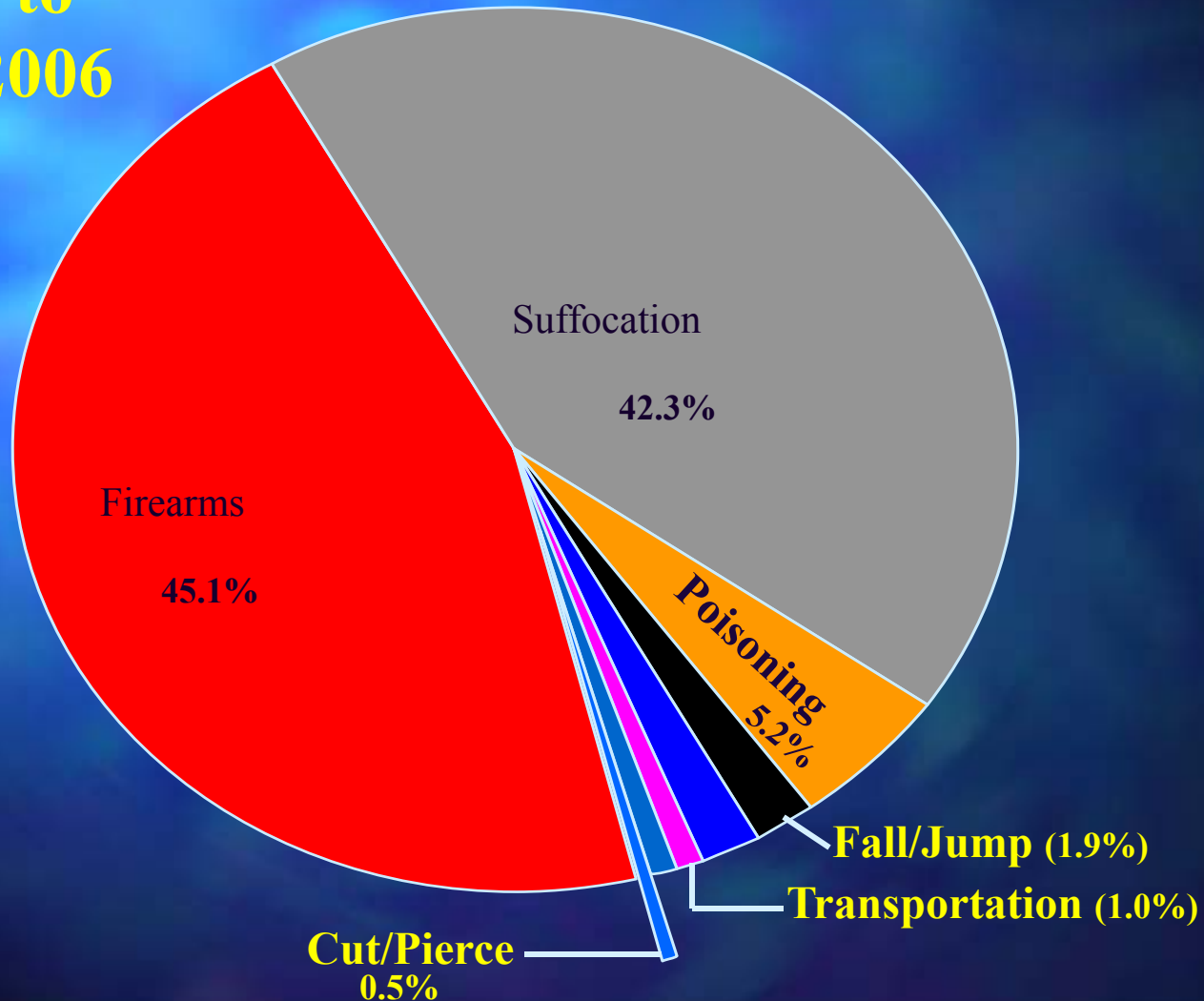
Berman & Jobes, 1991

Methods Used by Adolescents Who Attempted Suicide



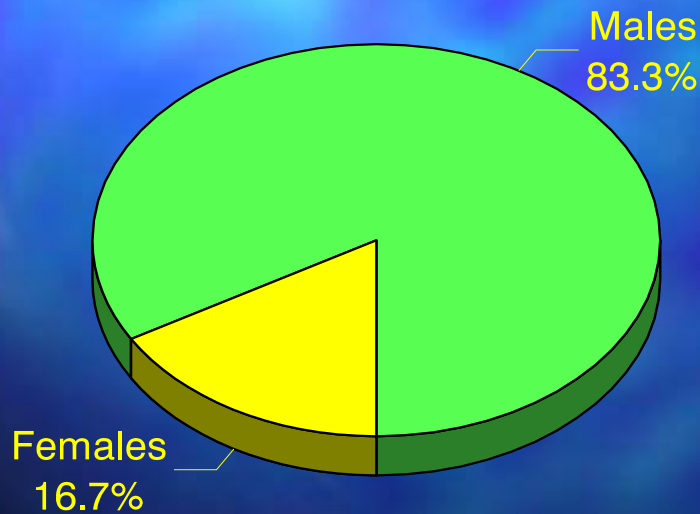
Invisible Signs of Youth Suicidal Behavior

Deaths due to Suicide in 2006

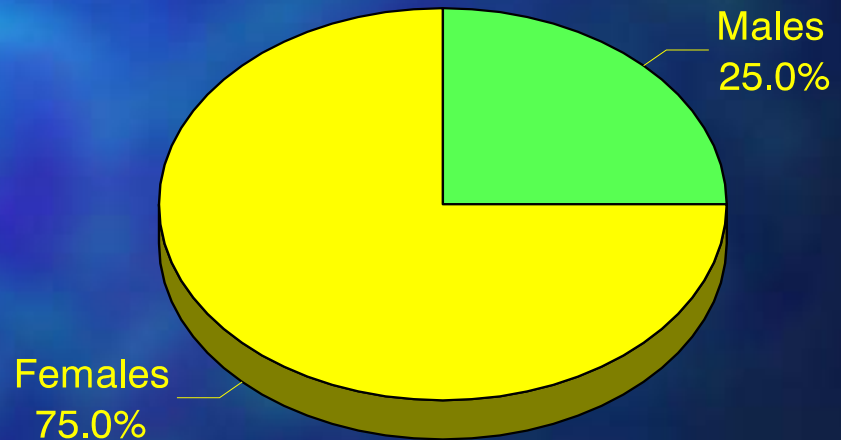


Invisible Signs of Youth Suicidal Behavior

Sex Differences in Completions and Attempts



Completions



Attempts

Invisible Signs of Youth Suicidal Behavior

Warning Signs of Suicide

- I Ideation
- S Substance Abuse

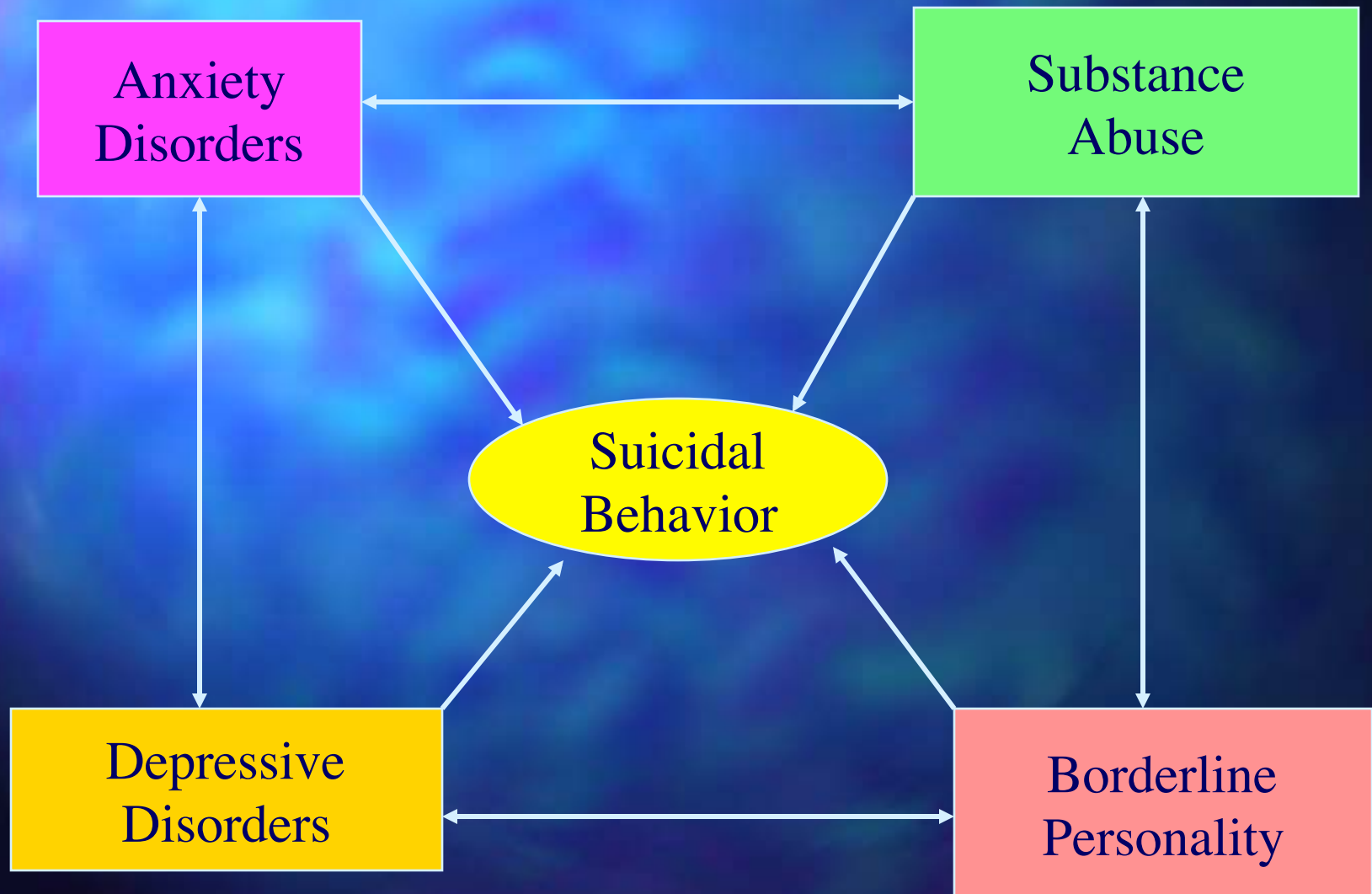
- P Purposelessness
- A Anxiety
- T Trapped
- H Hopelessness

- W Withdrawal
- A Anger
- R Recklessness
- M Mood Change

(American Association of Suicidology, 2011)

Psychopathology and Adolescent

Suicidal Behavior



Invisible Signs of Youth Suicidal Behavior

3 Steps for Prevention

- **Show you care**
 - a. **I'm concerned about you.... about how you feel**
- **Ask the question**
 - a. **Are you thinking about suicide?**
 - b. **What thoughts or plans do you have?**
- **Call for help**
 - a. **I know where we can get some help**

Invisible Signs of Youth Suicidal Behavior

Summary

- Adolescent suicidal behavior is complex
- Examining protective and risk factors is important for youth mental health
- Address multiple co-occurring behaviors for prevention and intervention programs
- 3 steps to prevention - Ask the question
- Talking about suicide with youth is OKAY!!

Invisible Signs of Youth Suicidal Behavior

National Resource and Information Numbers

❖ American Association of Suicidology

➤ www.suicidology.org

➤ 202 237-2280

❖ National Suicide Hotline

➤ 800 273-TALK